

## **TRAINING: INFANT AND YOUNG CHILD FEEDING IN EMERGENCIES (IYCF-E)**

**Middle East Region  
Amman, Jordan  
April 30 – May 4, 2017**

**BACKGROUND:** Supporting and protecting Infant and Young Child Feeding in Emergencies (IYCF-E) is critical for child survival. Exclusive breastfeeding is the single most effective intervention for saving lives. Paired with optimal complementary feeding, up to 26% of child deaths can be averted<sup>1</sup>. In emergencies, children under two years of age face significant risks. For example, total infant mortality rate for infants under 1 year has been found to be 12-53% higher in emergencies than non-emergency periods<sup>2</sup>. In these contexts, optimal IYCF saves even more lives.

Although breastfeeding is common in the Middle East, various national household surveys have found that, on average, only 35% of children in this region are exclusively breastfed through the first six months of life; early initiation of breastfeeding and continued breastfeeding at two years are also low at 45% and 33% respectively<sup>3</sup>. Crises across the region have likely worsened these practices, increasing the already high risks facing children less than two years of age. Recognizing this, IYCF-E has been recognized as a core part of the minimum nutrition package for emergency responses in this region – multiple stakeholders are needed to implement quality IYCF-E responses to save lives.

**OBJECTIVES:** This training serves to equip participants with the relevant skills, knowledge and understanding to establish and implement programs for IYCF-E which are consistent with agreed sector-wide approaches and standards.

**ATTENDEES:** Program Managers, Nutrition Coordinators and Nutrition Advisors who design and implement IYCF-E programs and services, particularly for internally displaced persons, including NGO, UN, donors and government partners including the Ministry of Health.

### **AGENDA:**

- What is IYCF-E? Technical sessions on theory and practice
- How to plan and implement IYCF-E responses
- Introduction to and use of operational tools
- Planning for preparedness and scale up

NB: The training will be conducted in English.



**HOW TO APPLY:** Please return the attached application form fully completed by the participant and their Supervisor to Save the Children at [SCIYCFETraining@savechildren.org](mailto:SCIYCFETraining@savechildren.org) by **March 23<sup>rd</sup>, 2017**. Participant selection will be communicated within two weeks.

<sup>1</sup> The Lancet, Maternal and Child Nutrition Series, 2013

<sup>2</sup> World Breastfeeding Week, Breastfeeding – a vital emergency response. Are you ready? 2009

<sup>3</sup> UNICEF, State of the World's Children, 2016

## **LOGISTICS:**

The training will take place at the Marriott Hotel Amman ([www.ammannmarriott.com](http://www.ammannmarriott.com)). Save the Children will provide the full training, lunch and snacks for each day of the training. Participants are responsible for funding their own participation including travel to and from Amman, all other meals, accommodation and transport. These charges will be the responsibility of the participant. Please find estimated costs below:

- Hotel: \$120/night for 6 nights (including breakfast and all taxes)
- Visa: \$50 (average visa cost – please verify cost for your nationality)
- Airport Transportation: \$30 / trip

NB: Save the Children's Middle East Regional Office will support applicants from Yemen and Syria in applying for entry visas (30 day processing required). Non-restricted nationalities can purchase visas upon arrival.

## **SCHOLARSHIPS:**

Please note, five (5) scholarships are available. Participants from government agencies and local NGOs will be prioritized. Scholarships include international flights to (and returning from) Amman, 6 nights hotel stay, visa cost, airport transfer and a small per diem for meals. Application for the scholarship is included in the overall training application.



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